



OFFICE

DESIGN TO SUPPORT
WORKING LIFE

ACTIVITY BASED DESIGN

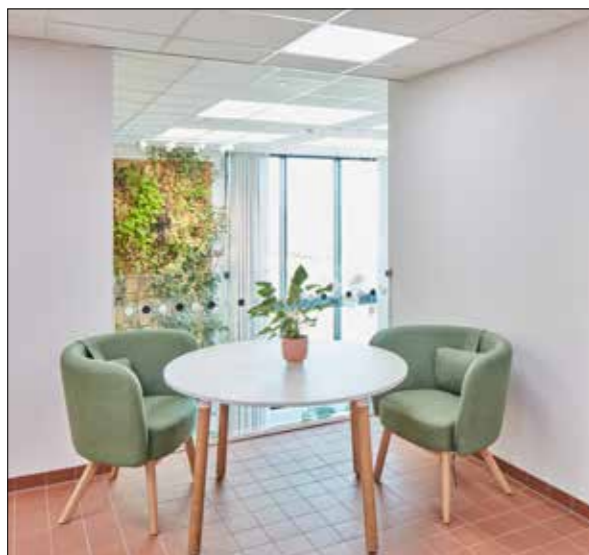
In today's office environments, the focus is on fostering collaboration and spontaneous interaction without compromising individual needs. The room plan and composition should support this with well-designed acoustics and lighting.

Global studies indicate that more than 65%* of office workers are not satisfied with the acoustic conditions in their workplace.

The negative impact on workers is well-documented, as are practical solutions. Together with zoning and other organisational solutions, proper acoustic treatment, considering both activity and people, is essential. There's so much you can do to create great places to work - where people are productive and thrive.

Lighting plays a key role in helping to create an efficient office environment to ensure that employees reach their full potential. Lighting within a room influences our state of mood and lighting environments must create conditions that motivate and promote well-being. With Biocentric lighting (BCL), interior light can be controlled so that it dynamically changes during the day in the way daylight does and provides synchronisation with bodily rhythms.

Design to support working life!



SOUND ABSORPTION

Our acoustic solutions offer a wide range of sound-absorbing solutions to fit your acoustic needs. With endless design possibilities using different colours, textures, sizes, shapes, and installation methods, we can enhance people's wellbeing.

Adjust sound absorption in the room according to the activity conducted. The louder the activity, the greater the need for sound absorption. Combine our acoustic solutions to target specific areas.

Create the desired visual appeal and acoustic performance tailored to the needs of the people and activities in the office. Utilise our experience and extensively tested products to deliver a fit for purpose sound experience in the workplace.

SOLUTION

- Plan the sound absorption based on room activities
- Use sound-absorbing ceiling- and wall panels
- Lower the reverberation time in quiet spaces
- Use free-hanging units to target specific areas
- Maintain proper distances between activities and workstations

RESULT

- Increased job satisfaction and productivity
- Lowered stress levels and improved wellbeing
- Less tiredness and fewer errors
- Increased accuracy

BIOCENTRIC LIGHTING

Biocentric lighting delivers the right type of light at the right time of day to help you sustain your natural circadian rhythm. In an environment with mimicked daylight, staff members feel better, achieve higher levels of concentration, and find it easier to focus on tasks.

Proper lighting ergonomics reduce tension in the eyes, neck, and shoulders, and has been shown to ease headaches for some customers.

The two most common circadian metrics used to measure the impact of light on circadian rhythm are Melanopic Equivalent Daylight Illuminance (m-EDI) and Circadian Stimulus (CS).

The building standard WELL recommends at least 250 lux m-EDI for 2 hours every day to support the circadian rhythm. BrainLit luminaires provide that!

SOLUTION

- Use Biocentric lighting in the office for wellbeing and comfort
- Mimic daylight variations to support the circadian rhythm
- Adapt the recipe to different activities during the day
- Use the Relax recipe for a comfortable atmosphere

RESULT

- Improved working memory
- Higher employee comfort
- Better health and wellbeing
- The right light at the right time



Ecophon and BrainLit unite in partnership providing a complementary lighting offer for enhanced health and wellbeing. Ecophon and BrainLit offer cutting-edge acoustics with Biocentric lighting. This collaboration offers products developed for various indoor environments, such as offices, schools, elderly care, and healthcare. Our goal is clear – to provide better indoor environments for humans.

Read more about BrainLit on brainlit.com
BrainLit products can be ordered via Ecophon

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